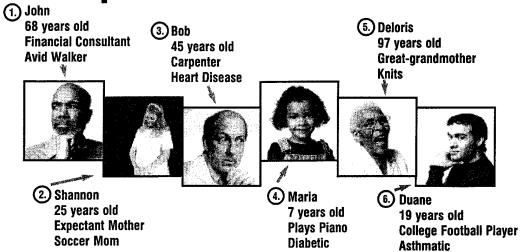
Which people are at high risk of complications from the flu?



Answer: All of the above

Surprised?

It's not just the frail and elderly who are in danger of being hospitalized or dying from the flu. It's many more. And it could be you.

The flu is more than the sniffles. It's coughing. It's fever. It's aching. And it can lead to pneumonia. You should get a flu shot **as soon as possible** if you

- are 65 years old or older
- will be at least 3 months pregnant during flu season (November April)
- have a health problem such as heart disease, kidney disease, diabetes, asthma, or other lung disease
- suffer from a long-term illness that keeps you from fighting infections, such as cancer or HIV/AIDS.

If you live with or take care of any people like those above, you also should get a flu shot. When you get a flu shot, you're also protecting your family and friends.

Take action!

Remind your health care provider to give you the shor.

Don't wait to be told you need the protection at a second second



For more information, call the CDC Immunization Hot Line English: 1-800-232-2522 Español: 1-800-232-0233